



Hygiene

Teaching Resources Center, Joyner Library A Selective Annotated Bibliography

Titles in the Teaching Resources Center are cataloged with Dewey call numbers and are preceded by Curric. Please ask someone at the Teaching Resources Service Desk if you need any assistance.

Lexile Score	Title Information	Call Number
BIG BOOKS		
N/A	Giachetti, Donna. <i>Big Book of Hygiene: Sing-Alongs & Silly Songs About Staying Clean</i> . Mt. Kisco, NY: Learning Wave Communications, 2008. Words are sung to familiar tunes such as Frere Jacques, and Skip to My Lou.	BB G3468B
N/A	Royston, Angela. <i>Healthy Teeth</i> . Chicago, IL: Heinemann Library, 2003. Discusses the care and hygiene of your teeth.	BB R816H
EASY		
AD540L	Alda, Arlene. <i>Iris Has a Virus</i> . Plattsburgh, NY: Tundra Books of Northern New York, 2008. Iris finds out that having a stomach virus is exhausting, especially when her brother, Doug, lets her know that she always gets sick at the wrong time. The sibling rivalry and misunderstanding of what germs are when they are called bugs unfold in this lighthearted story of Iris's ordinary illness and her unfounded concerns.	E AL22I

AD490L	Appelt, Kathi. <i>Bubba and Beau, Best Friends</i> . San Diego, CA: Harcourt, 2002.	E AP488BB
	When Mamma Pearl washes their favorite blanket it's a sad day for best friends Bubba and Beau, but it gets worse when she decides the baby boy and his puppy need baths, too.	
N/A	Arnold, Tedd. <i>Dirty Gert</i> . New York: Holiday House, 2013.	E AR657D
	A little girl who loves playing in the dirt becomes a tree.	
AD620L	Cabrera, Cozbi A. <i>My Hair is a Garden</i> . Chicago, IL: Albert Whitman & Company, 2017.	E C1127MY
	After being teased yet again about her unruly hair, MacKenzie consults her neighbor, Miss Tillie, who compares hair care with tending her beautiful garden and teaches MacKenzie some techniques. Includes tips for shampooing, conditioning, and protecting black hair, and recipes for hair products.	
AD500L	Church, Caroline Jayne. <i>One Smart Goose</i> . New York: Orchard Books, 2005.	E C4736O
	A goose who likes to wash in a muddy pond is teased by the other geese, until they realize that he is the only one not chased by the fox.	
N/A	Cummings, Pat. <i>Clean Your Room, Harvey Moon!</i> New York: Bradbury Press, 1991.	E C9126CLE
	Harvey Moon's room is a mess! Clothes are everywhere, sticky comic books are shoved under his desk, and there's a cookie under his bed that's so old it's turned gray and fuzzy. What a disaster! There won't be any cartoons until his room is absolutely spotless. But just when Harvey thinks he's finally done, he discovers that his idea of clean is not the same as his mother's!	
N/A	Dahl, Michael. <i>Dust Bunnies</i> . Minneapolis, MN: Picture Window Books, 2006.	E D1375D
	When "dust bunnies" grow under the bed, a child sweeps, mops, and dusts in an effort to chase them away.	
AD200L	Dahl, Michael. <i>Pony Brushes His Teeth</i> . North Mankato, MN: Picture Window Books, 2010.	E D1375PO
	Pony eats a lot, and after he eats he always brushes his teeth.	

530L	Danziger, Paula. <i>Second Grade Rules, Amber Brown</i> . New York: G.P. Putnam's Sons, 2004.	E D238S
	Amber Brown loves the second grade but wonders if she will ever receive an award from Deskarina, the desk fairy, for keeping her desk clean.	
430L	Dougherty, Terri. <i>The Bath</i> . Minneapolis, MN: Picture Window Books, 2006.	E D7448BA
	After planting flowers in the yard, Tanya and her dog Rudy both need a bath, but who will get to use the soap first?	
N/A	Ernst, Lisa Campbell. <i>This is the Van That Dad Cleaned</i> . New York: Simon & Schuster Books for Young Readers, 2005.	E ER66TH
	In the style of a classic cumulative rhyme, the children undo all of Dad's hard work cleaning the family car.	
N/A	Fox, Lee. <i>Ella Kazoo Will Not Brush Her Hair</i> . New York: Walker, 2010.	E F8325E
	A little girl refuses to brush her hair until it becomes so unruly that it takes over everything.	
AD500L	Freeman, Laura. <i>Natalie's Hair Was Wild!</i> Boston: Houghton Mifflin Harcourt, 2018.	E F8774N
	Various zoo animals take residence in a young girl's hair as it becomes more tangled and frizzy.	
N/A	Geisert, Arthur. <i>Hogwash</i> . Boston: Houghton Mifflin, 2008.	E G277H
	Illustrations without words depict the enormous and complicated contraption that Mama Pig uses to get her little piglets clean.	
260L	George, Kallie. <i>Duck, Duck, Dinosaur: Bubble Blast!</i> New York: Harper, 2017.	E G29349DUB
	It's bath time for two little ducklings and one big dinosaur! Spike loves soap, but Feather and Flap don't want to scrub. What will Spike do to make getting clean fun for everyone? This short, sweet, and very bubbly story will help show kids how much fun bath time can be.	
N/A	Harris, Robie H. <i>I LOVE Messes!</i> New York: Little, Brown, 2005.	E H2435IL
	A little girl makes a huge mess playing in the kitchen. Includes brief notes about how children explore their environment.	

N/A	Huget, Jennifer LaRue. <i>How to Clean Your Room in 10 Easy Steps</i> . New York: Schwartz & Wade Books, 2010.	E H8731H
	A young girl provides unique advice on how to tidy a bedroom.	
N/A	Klise, Kate. <i>Little Rabbit and the Meanest Mother on Earth</i> . Boston: Harcourt Children's Books, 2010.	E K689L
	Upset that his mother will not let him go out until he cleans his playroom, Little Rabbit sneaks away to join the circus and sells tickets by promising the audience a view of The Meanest Mother on Earth.	
N/A	McClaine, Jamie. <i>Have You Ever Seen a Moose Brushing His Teeth?</i> Indianapolis, IN: JAFS, Inx, 2003.	E M1321H
	Moose tries to get his teeth clean and teaches good dental hygiene.	
AD400L	McMullan, Jim. <i>I'm Dirty!</i> New York: Joanna Cotler Books, 2006.	E M22924IAD
	A busy backhoe loader describes all the items it hauls off a lot and all the fun it has getting dirty while doing so.	
N/A	Ormandroyd, Edward. <i>Theodore</i> . New York: Dial Books for Young Readers, 2009.	E OR592T.A
	Theodore the teddy bear gets lost in a pile of family laundry and has a remarkable adventure.	
AD490L	Papineau, Lucie. <i>Lulu's Pajamas</i> . Toronto, ON: Kids Can Press, 2009.	E P1983LZP
	An independent little mouse decides she never ever wants to take off her favorite pajamas.	
AD720L	Rosoff, Meg. <i>Meet Wild Boars</i> . New York: Henry Holt, 2005.	E R7331M
	It is very hard to be friends with wild boars because they are dirty and smelly, bad-tempered, and rude.	
N/A	Ross, Tony. <i>Wash Your Hands!</i> La Jolla, CA: Kane/Miller, 2000.	E R73393W
	When the little princess hears about the germs and nasties living all around her, she understands the importance of washing her hands a lot.	

- N/A Steinkraus, Kyla. *Table Wars!* Vero Beach, FL: Rourke Educational Media, 2013. E
ST359T
- When the cast of characters decide to have a food fight in the school cafeteria it turns into a real mess. The lunch lady tries to stop them but they pay no attention to her. As the animals get up to leave they notice the sad look on the lunch lady's face and decide to miss recess that day to stay and clean up their mess.
- AD590L Teague, Mark. *Pigsty*. New York: Scholastic, 1994. E
T221P
- When Wendell doesn't clean up his room, a whole herd of pigs comes to live with him.
- AD350L Willems, Mo. *The Pigeon Needs a Bath!* New York: Hyperion Books for Children, 2014. E
W667PIN
- The Pigeon is dirty, and he needs a bath, but he won't go willingly.

FICTION

- 540L Hannigan, Katherine. *Emmaline and the Bunny*. New York: Greenwillow Books, 2009. F
H196E
- Everyone and everything in the town of Neatasapin is tidy, except Emmaline who likes to dig dirt and jump in puddles and wants to adopt an untidy bunny.
- 520L Krulik, Nancy. *Katie Kazoo, Switcheroo: Open Wide*. New York: Grosset & Dunlap, 2007. F
K9398OP
- Chaos reigns when the magic wind turns fourth-grader Katie into Dr. Sang the dentist, and she must examine the mouth of a fearful new patient.
- 530L MacDonald, Alan. *Cleaner Genie*. Minneapolis, MN: Picture Window Books, 2006. F
M1451C
- When the Cleaner Genie appears to Bradley, who is a very messy boy, and grants his wish to never have to tidy up again, he does not realize the possible results of that kind of wish.
- 530L Wight, Eric. *Frankie Pickle and the Closet of Doom*. New York: Simon & Schuster Books for Young Readers, 2010. F
W6395F
- Fourth-grader Frankie Piccolini has a vivid imagination when it comes to cleaning his disastrously messy room, but eventually even he decides that it is

just too dirty.

NONFICTION

- N/A Gormley, Julia Cook. *I am a Booger – Treat Me with Respect*. Vienna, VA: CTC Pub., 2007. 611 G68I
- Presents an overview of what boogers are, the purpose they serve in the body, and how to dispose of them in a sanitary manner.
- N/A Flynn, Wes. *What Makes Me Stinky?* New York: Gareth Stevens Publishing, 2014. 612.7 F6798W
- Explains sweat and bacteria and why these things make people stinky.
- N/A Antill, Sara. *10 Ways I Can Live a Healthy Life*. New York: PowerKids Press, 2012. 613 AN875T
- Presents information about what people can do to stay healthy, including exercising, eating right, having a positive attitude, and relaxation.
- 480L Bellisario, Gina. *Take a Bath! My Tips for Keeping Clean*. Minneapolis, MN: Millbrook Press, 2014. 613 B4173T
- After making a muddy mess of himself playing mud monsters, Caleb cleans up with a soapy bath, makes sure to keep germs away from the dinner table, and brushes and flosses his teeth before bed.
- NC570L Royston, Angela. *Why Do I Wash My Hands?* Irvine, CA: QEB Pub., 2009. 613 R816W
(Also by author: *Head Lice* and *Why Do I Brush My Teeth?*)
- Perfect for early elementary students who need to know about their bodies and maintaining their health and hygiene, this title in the My Body series explains the importance of handwashing in a simple, straightforward manner.
- N/A Tieck, Sarah. *Keep Clean: A Buddy Book*. Minneapolis, MN: ABDO Pub., 2012. 613 T44K
- Looks at the aspects and benefits of personal hygiene, including health and body odor.
- 490L Tourville, Amanda Doering. *Go Wash Up: Keeping Clean*. Minneapolis, MN: Picture Window Books, 2009. 613 T6491G
- Keeping your body clean helps you stay healthy. Wash your hands, comb your hair, and wear clean clothes. What are some other ways to keep clean?

AD490L	Verdick, Elizabeth. <i>Germes Are Not for Sharing</i> . Minneapolis, MN: Free Spirit Pub., 2006.	613 V584G
	Describes why germs should not be spread.	
490L	Gleisner, Jenna Lee. <i>My Body Needs to be Clean</i> . Mankato, MN: Amicus High Interest, 2015.	613.4 G482M
	Introduces the importance of keeping teeth, hands, hair, and the body clean and proper ways to do so while offering safe, easy tips for taking care of one's own body.	
N/A	Cleland, Joann. <i>Clean Teeth, Dirty Teeth</i> . Vero Beach, FL: Rourke Educational Media, 2013. (Also by author: <i>Clean Hands, Dirty Hands</i>)	617.6 C589C
	Introduces the importance of keeping teeth clean.	
N/A	Ehrlich, Fred. <i>Does an Elephant Take a Bath?</i> Maplewood, NJ: Blue Apple Books, 2005. (Also by author: <i>Does a Lion Brush? Does a Pig Flush? Does a Tiger Open Wide?</i> and <i>Does a Yak Get a Haircut?</i>)	617.6 EH89DE
	Uses stories about animals to teach children the importance of taking baths and good hygiene.	
280L	DeGezelle, Terri. <i>Taking Care of My Hair</i> . Mankato, MN: Capstone Press, 2006. (Also by author: <i>Taking Care of My Teeth, Taking Care of My Eyes, Taking Care of My Hands and Feet, Taking Care of My Teeth, and Taking Care of My Skin</i>)	646.7 D3639T
	Simple text and photographs present ways to take care of your hair.	
N/A	Donovan, Sandra. <i>Stay Clear! What You Should Know About Skin Care</i> . Minneapolis, MN: Lerner Publications, 2009.	646.7 D7197S
	Discusses skin care for preadolescents and adolescents.	

PROFESSIONAL COLLECTION

Steiner-Adair, Catherine. <i>Full of Ourselves: A Wellness Program to Advance Girl Power, Health and Leadership</i> . New York: Teachers College Press, 2006.	613.04242 ST15F
Schwartz, Linda. <i>Squeaky Clean Hygiene</i> . Santa Barbara, CA: Learning Works, 1999.	613.0432 SCH956S

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