



## Health & Medicine

### Teaching Resources Center, Joyner Library A Selective Annotated Bibliography

Titles in the Teaching Resources Center are cataloged with Dewey call numbers and are preceded by Curric. Please ask someone at the Teaching Resources Service Desk if you need any assistance.

| Grade Level | Title Information  | Call Number    |
|-------------|--|----------------|
| <b>EASY</b> |  |                |
| K - 2       | Alda, Arlene. <i>Iris Has a Virus</i> . Plattsburgh, NY: Tundra Books of Northern New York, 2008.<br><br>Rhyming couplets and quirky illustrations follow Iris as she, with the help of her brother, learns all about germs and discovers the true meaning of stomach "bug." | E<br>AL22I     |
| PreK-1      | Beaty, Andrea. <i>Doctor Ted</i> . New York: Margaret K. McElderry Books, 2008.<br><br>After bumping his knee one morning, Ted decides to become a doctor, but he has only one problem--he has no patients!  | E<br>B3809D    |
| K           | Bridwell, Norman. <i>Clifford Goes to the Doctor</i> . New York: Cartwheel Books, 2011.<br><br>Clifford the big red dog visits his veterinarian, Dr. Smart, who has given him a check-up every year since he was almost too small to be weighed.                             | E<br>B7649CGTD |
| K           | Brooks, Felicity. <i>Daisy the Doctor</i> . Tulsa, OK: EDC Pub., 2005.<br><br>Follow an exciting and hectic day in the life of Daisy the Doctor as she treats all the patients that come to her clinic. From coughing babies and itchy                                       | E<br>B7914D    |

toddlers to an injured pirate, Daisy's ready to deal with any problem that comes her way.

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| N/A    | Bullard, Lisa. <i>My Body: Head to Toe</i> . Minneapolis, MN: Picture Window Books, 2003.  | E<br>B8729<br>MB   |
|        | Ana explains what she has learned about the parts of the human body from her aunt, the doctor, and by playing doctor with her kitten, Jasmine.   |                    |
| N/A    | Civardi, Anne. <i>The Complete Book of First Experiences</i> . London: Usborne; Tulsa, OK: EDC, 2005.  | E<br>C4991C        |
|        | Compilation of nine titles from the Usborne first experiences series, including "going to the doctor," designed to alleviate certain routine childhood fears while at the same time introducing children to reading.               |                    |
| K - 2  | Cohen, Bernard. <i>Paul Needs Specs</i> . La Jolla, CA: Kane/Miller, 2004.   | E<br>C66025P       |
|        | Sal tells the story of her brother Paul, who doesn't understand why things look fuzzy, until she helps him get a pair of eyeglasses.   |                    |
| PreK-1 | Cole, Joanna. <i>My Friend the Doctor</i> . New York: HarperCollins, 2005.   | E<br>C6753M<br>YF  |
|        | Describes Hannah's visit to the doctor's office for a routine examination.   |                    |
| PreK-2 | Dewdney, Anna. <i>Llama, Llama Home with Mama</i> . New York: Viking, 2011.  | E<br>D513LLH<br>OM |
|        | Llama Llama's mother takes good care of him when he has to stay home from school because he is sick, but when Mama Llama begins to feel sick, too, Llama Llama knows how to take care of her.                                      |                    |
| N/A    | Fontes, Justine. <i>El Día Que Jordan Se Enfermó</i> . New York: Children's Press, 2005. (In Spanish)  | E<br>F737DI        |
|        | While sick in bed, a young boy is bored until he begins to use his imagination and soon he realizes that he feels better.  |                    |
| PreK-1 | Gorbachev, Valeri. <i>Doctor Nice</i> . New York: Holiday House, 2015.   | E<br>G65D          |
|        | Doctor Nice spends a busy morning helping his patients with various winter ailments, including Moose, who caught cold after falling through the ice, and the goat kids, who have headaches from head-butting while playing hockey. |                    |

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| PreK-3 | Gray, Libba Moore. <i>Miss Tizzy</i> . New York: Simon & Schuster Books for Young Readers, 1993.   | E<br>G79362<br>MI       |
|        | The eccentric Miss Tizzy, a beloved friend to all the children in her neighborhood, needs their help in remaining happy when she is sick in bed.   |                         |
| K      | Jensen, Patricia. <i>I am Sick</i> . New York: Children's Press. 2005.   | E<br>J4537I             |
|        | A sick child is afraid of going to the doctor, but when her father takes her and she takes her medicine, she begins to feel better quickly.  |                         |
| N/A    | Kim, Nam-joong. <i>Lucia's Travel Bus</i> . Strathfield, NSW: Big & Small, 2016.   | E<br>K5606L             |
|        | Lucia is taking a trip through Chile with her grandfather on his yellow bus. But Lucia's grandfather becomes very sick. During their travels Lucia learns about her country and also about life.   |                         |
| K      | Klein, Adria F. <i>Max Goes to the Doctor</i> . Minneapolis, MN: Picture Window Books, 2008.   | E<br>K6722<br>MGTD<br>O |
|        | When it is time for his yearly checkup, Max goes to the doctor and gets very good news.  |                         |
| 1 - 3  | Krall, Dan. <i>Sick Simon</i> . New York: Simon & Schuster Books for Young Readers, 2015.  | E<br>K859S              |
|        | By not covering his mouth or washing his hands, Simon spreads his cold to his teacher and classmates, much to the delight of three germs named Virus, Protozoa, and Bacteria.  |                         |
| K - 2  | Levis, Caron. <i>Ida, Always</i> . New York: Atheneum Books for Young Readers, 2016.   | E<br>L5791I             |
|        | Gus lives in a big park in the middle of an even bigger city, and he spends his days with Ida. Ida is right there. Always. Then one sad day, Gus learns that Ida is very sick, and she isn't going to get better. The friends help each other face the difficult news with whispers, sniffles, cuddles, and even laughs. |                         |
| K - 2  | Manushkin, Fran. <i>Katie Woo Has the Flu</i> . Minneapolis, MN: Picture Window Books, 2012.   | E<br>M3198<br>KAWH      |
|        | Katie misses school while she is home with the flu.  |                         |

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| 2 - 3  | Parish, Herman. <i>Calling Doctor Amelia Bedelia</i> . New York: Greenwillow Books, 2002.  | E<br>P2192C      |
|        | When the literal-minded Amelia Bedelia helps out at her doctor's office one busy day, nothing seems to go quite right until Amelia begins to treat the impatient patients. |                  |
| N/A    | Sirett, Dawn. <i>Visiting the Doctor</i> . New York: DK, 2007.   | E<br>SI77V       |
|        | A little girl goes to a doctor for a checkup.  |                  |
| K - 3  | Smith, Lane. <i>Glasses: Who Needs 'Em?</i> New York: Viking, 1991.  | E<br>SM618<br>G  |
|        | A boy is unhappy about having to wear glasses, until his doctor provides an imaginative list of well-adjusted eyeglass wearers.  |                  |
| K - 2  | Stead, Philip Christian. <i>A Sick Day for Amos McGee</i> . New York: Roaring Brook, 2010.   | E<br>ST311S      |
|        | Zookeeper Amos McGee always makes time to visit his friends who live at the zoo until the day he stays home because he is sick.  |                  |
| 1 - 2  | Stieg, William. <i>Doctor De Soto</i> . New York: Farrar Straus and Giroux, 1982.  | E<br>ST33D<br>O  |
|        | Dr. De Soto, a mouse dentist, copes with the toothaches of various animals except those with a taste for mice, until the day a fox comes to him in great pain.             |                  |
| PreK-2 | Wilson, Karma. <i>Bear Feels Sick</i> . New York: M.K. McElderry Books, 2007.  | E<br>W6948<br>BF |
|        | When Bear is too sick to play, his animal friends go to his cave to make him soup and tea and keep him company.  |                  |
| 2 - 3  | Ziefert, Harriet. <i>When Daddy Had the Chicken Pox</i> . New York: Sterling Pub., 2005.   | E<br>Z622W<br>EN |
|        | A family is distressed when Daddy gets the chicken pox, but when he recovers it is a joyous occasion.  |                  |

## FICTION

- 4 - 6      Arrington, Arlene. *Paper Heart*. Asheville, NC: Front Street, 2006.      F  
AR691  
P
- Sixth-grader Nadia begins to defy her overprotective mother, hoping to be seen as more than the "poor sick girl" who cannot participate in school activities, form friendships, or even be outside in the cold for fear she has inherited her father's heart trouble.
- 2 - 6      Ehrlich, Esther. *Nest*. New York: Wendy Lamb Books, 2014.      F  
EH895  
N
- On Cape Cod in 1972, eleven-year-old Naomi, known as Chirp for her love of birds, gets help from neighbor Joey as she struggles to cope with her mother's multiple sclerosis and its effect on her father and sister.
- 5 - 8      Gephart, Donna. *Lily and Dunkin*. New York: Delacorte Press, 2016.      F  
G299L
- A transgender girl and a boy struggling with bipolar disorder forge a friendship based on their respective experiences as outsiders trying to fit in.
- 5 - 8      King, Wesley. *OCDaniel*. New York: Simon & Schuster Books for Young Readers, 2016.      F  
K589O
- A thirteen-year-old boy's life revolves around hiding his obsessive-compulsive disorder until a girl at school, who is unkindly nicknamed Psycho Sara, notices him for the first time and he gets a mysterious note that changes everything.
- 3 - 4      McDonald, Megan. *Judy Moody, M.D.: The Doctor is In!* Cambridge, MA: Candlewick Press, 2004.      F  
M14573J  
M5
- Judy is excited about becoming a doctor, especially when Class 3T starts a new unit on the human body, but she learns more about being a patient when she catches tonsillitis from her little brother, Stink.
- N/A      Picoult, Jodi. *My Sister's Keeper*. New York: Atria, 2004.      F  
P588M
- Conceived to provide a bone marrow match for her leukemia-stricken sister, teenage Anna begins to question her moral obligations in light of countless medical procedures and decides to fight for the right to make decisions about her own body.

## NONFICTION

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| N/A   | Hibbert, Clare. <i>I'm Tired and Other Body Feelings</i> . Mankato, MN: Amicus, 2011.   | 152.4<br>H521I<br>MT       |
|       | Describes the different types of feelings that can occur after various tiring activities.   |                            |
| N/A   | Atterbury, Nancy Garhan. <i>Out and About at the Hospital</i> . Minneapolis, MN: Picture Window Books, 2006.  | 362.11<br>AT816<br>O       |
|       | Takes readers on a guided tour of a hospital and explains why people might go there, who works there, and what functions are performed.   |                            |
| 1 - 2 | Parker, Victoria. <i>Going to the Hospital</i> . Chicago, IL: Heinemann Library, 2011.  | 362.11<br>P2291<br>G       |
|       | This photographic book with simple text discusses going to the hospital and how young children may be nervous about experiencing for the first time.  |                            |
| 2 - 5 | Boothroyd, Jennifer. <i>Caution in the Kitchen! Germs, Allergies, and Other Health Concerns</i> . Minneapolis, MN: Lerner Publications Company, 2016.   | 363.19<br>2<br>B64462<br>C |
|       | This title provides an educational introduction to food safety, from washing your hands before you eat and keeping food properly refrigerated to avoiding foods you may be allergic to and respecting others' dietary restrictions. |                            |
| 1 - 2 | Rissman, Rebecca. <i>Going to the Doctor: Comparing Past and Present</i> . Chicago, IL: Heinemann Library, 2014.  | 610<br>R497G               |
|       | Compares the ways people in the nineteenth and twentieth centuries got medical care and the conditions in hospitals with contemporary practices.  |                            |
| N/A   | Gregor, Josh. <i>Doctors</i> . Ann Arbor, MI: Cherry Lake Pub., 2011.   | 610.69<br>G8625<br>D       |
|       | Describes the job responsibilities of a doctor and discusses the many ways they help people.  |                            |

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| K       | Ready, Dee. <i>Doctors Help</i> . North Mankato, MN: Capstone Press, 2013.   | 610.69<br>R228D<br>O |
|         | Simple text and photographs present doctors and their role in the community.   |                      |
| 2 - 3   | Murray, Julie. <i>Nurses</i> . Edina, MN: ABDO Publishing Co., 2011.   | 610.73<br>M9647<br>N |
|         | Easy-to-read text introduces young readers to the responsibilities of nurses and the role they play in the school and community.   |                      |
| 1 - 2   | Wohlrabe, Sarah C. <i>Helping You Heal: A Book About Nurses</i> . Minneapolis, MN: Picture Window Books, 2004.   | 610.73<br>W826H      |
|         | Describes some of the things that nurses do to help people stay healthy.   |                      |
| 7 - 12  | Latta, Susan M. <i>Bold Women of Medicine: 21 Stories of Astounding Discoveries, Daring Surgeries, and Healing Breakthroughs</i> . Chicago, IL: Chicago Review Press, 2017.  | 610.82<br>L355B      |
|         | Profiles twenty-one women pioneers in the field of medicine, including Victorian rule breaker Florence Nightingale, mountaineer nurse Mary Carson Breckinridge, and physical therapist Adele Levine, who works with military amputees. |                      |
| 3 - 4   | Sandvold, Lynette Brent. <i>Revolution in Medicine</i> . New York: Marshall Cavendish Benchmark, 2010.   | 610.9<br>SA574<br>R  |
|         | Discusses the history of medicine, how the technology developed, and the science behind it.  |                      |
| 2 - 3   | Senior, Kathryn. <i>You Wouldn't Want to Be Sick in the 16<sup>th</sup> Century: Diseases You'd Rather Not Catch</i> . New York: Franklin Watts, 2002.   | 610.94<br>2<br>SE57Y |
|         | A humorous look at the state of illness and medicine in Tudor England.   |                      |
| 10 - 12 | Miller, Malinda. <i>The Pharmaceutical Industry: Better Medicine for the 21<sup>st</sup> Century</i> . Philadelphia, PA: Mason Crest Publishers, 2011.   | 615<br>M6161<br>P    |
|         | Presents information on the changing job opportunities available to those in the pharmaceutical industry.  |                      |

- 3 - 6 Beccia, Carolyn. *I Feel Better with a Frog in My Throat: History's Strangest Cures*. Boston: Houghton Mifflin Books for Children, 2010. 615.8 B3868I
- Introduces some of history's more unusual folk remedies, exploring such whimsical examples as swallowing frog slime to treat a sore throat and sticking a wounded foot into a bull's mouth.
- N/A Ziefert, Harriet. *You Can't Take Your Body to a Repair Shop: A Book About What Makes You Sick*. Maplewood, NJ: Blue Apple Books, 2007. 616 Z622Y
- Informs readers about the causes of such common childhood illnesses as stomachaches, colds, pimples, and allergies.
- 3 - 4 Silverstein, Alvin. *What are Germs?* New York: F. Watts, 2002. 616.01 SI397 W
- Explains the science of germs and emphasizes the importance of maintaining personal health.

## PROFESSIONAL COLLECTION

- Brett, Doris. *Annie Stories*. New York: Workman Pub. Co., 1988. 155.4 B766A
- Nine stories explore common childhood anxieties and fears about such subjects as nightmares, new babies, going to the hospital, starting school, sickness, divorce, and death.
- N/A
- Mesec, Andrea L. *Serious Illness in the Classroom: An Educator's Resource*. Englewood, CO: Teacher Ideas Press, 1997. 371.71 2 M561S
- Educators and their students must often deal with serious illnesses and chronic conditions. This text provides information to help teachers support a child within the classroom who has a health problem, such as allergies, asthma, cancer, diabetes or HIV/AIDS. First aid instructions are included
- N/A