# Hygiene

**Teaching Resources Center, Joyner Library**  
**A Selective Annotated Bibliography**

Titles in the Teaching Resources Center are cataloged with Dewey call numbers and are preceded by Curric. Please ask someone at the Teaching Resources Service Desk if you need any assistance.

<table>
<thead>
<tr>
<th>Lexile Score</th>
<th>Title Information</th>
<th>Call Number</th>
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<td><strong>BIG BOOKS</strong></td>
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<td>N/A</td>
<td>Royston, Angela. <em>Healthy Teeth</em>. Chicago, IL: Heinemann Library, 2003.</td>
<td>BB R816H</td>
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**Words are sung to familiar tunes such as Frere Jacques, and Skip to My Lou.**

**EASY**


| Iris finds out that having a stomach virus is exhausting, especially when her brother, Doug, lets her know that she always gets sick at the wrong time. The sibling rivalry and misunderstanding of what germs are when they are called bugs unfold in this lighthearted story of Iris's ordinary illness and her unfounded concerns. |

When Mamma Pearl washes their favorite blanket it's a sad day for best friends Bubba and Beau, but it gets worse when she decides the baby boy and his puppy need baths, too.


A little girl who loves playing in the dirt becomes a tree.


After being teased yet again about her unruly hair, MacKenzie consults her neighbor, Miss Tillie, who compares hair care with tending her beautiful garden and teaches MacKenzie some techniques. Includes tips for shampooing, conditioning, and protecting black hair, and recipes for hair products.


A goose who likes to wash in a muddy pond is teased by the other geese, until they realize that he is the only one not chased by the fox.


Harvey Moon's room is a mess! Clothes are everywhere, sticky comic books are shoved under his desk, and there's a cookie under his bed that's so old it's turned gray and fuzzy. What a disaster! There won't be any cartoons until his room is absolutely spotless. But just when Harvey thinks he's finally done, he discovers that his idea of clean is not the same as his mother's!


When "dust bunnies" grow under the bed, a child sweeps, mops, and dusts in an effort to chase them away.


Pony eats a lot, and after he eats he always brushes his teeth.
Amber Brown loves the second grade but wonders if she will ever receive an award from Deskarina, the desk fairy, for keeping her desk clean.

After planting flowers in the yard, Tanya and her dog Rudy both need a bath, but who will get to use the soap first?

In the style of a classic cumulative rhyme, the children undo all of Dad's hard work cleaning the family car.

A little girl refuses to brush her hair until it becomes so unruly that it takes over everything.

Various zoo animals take residence in a young girl's hair as it becomes more tangled and frizzy.

It's bath time for two little ducklings and one big dinosaur! Spike loves soap, but Feather and Flap don't want to scrub. What will Spike do to make getting clean fun for everyone? This short, sweet, and very bubbly story will help show kids how much fun bath time can be.

A little girl makes a huge mess playing in the kitchen. Includes brief notes about how children explore their environment.
A young girl provides unique advice on how to tidy a bedroom.

Upset that his mother will not let him go out until he cleans his playroom, Little Rabbit sneaks away to join the circus and sells tickets by promising the audience a view of The Meanest Mother on Earth.

Moose tries to get his teeth clean and teaches good dental hygiene.

A busy backhoe loader describes all the items it hauls off a lot and all the fun it has getting dirty while doing so.

Theodore the teddy bear gets lost in a pile of family laundry and has a remarkable adventure.

An independent little mouse decides she never ever wants to take off her favorite pajamas.

It is very hard to be friends with wild boars because they are dirty and smelly, bad-tempered, and rude.

N/A  Ross, Tony. *Wash Your Hands!* La Jolla, CA: Kane/Miller, 2000.  
When the little princess hears about the germs and nasties living all around her, she understands the importance of washing her hands a lot.
When the cast of characters decide to have a food fight in the school cafeteria it turns into a real mess. The lunch lady tries to stop them but they pay no attention to her. As the animals get up to leave they notice the sad look on the lunch lady's face and decide to miss recess that day to stay and clean up their mess.

When Wendell doesn't clean up his room, a whole herd of pigs comes to live with him.

The Pigeon is dirty, and he needs a bath, but he won't go willingly.

Everyone and everything in the town of Neatasapin is tidy, except Emmaline who likes to dig dirt and jump in puddles and wants to adopt an untidy bunny.

Chaos reigns when the magic wind turns fourth-grader Katie into Dr. Sang the dentist, and she must examine the mouth of a fearful new patient.

When the Cleaner Genie appears to Bradley, who is a very messy boy, and grants his wish to never have to tidy up again, he does not realize the possible results of that kind of wish.

Fourth-grader Frankie Piccolini has a vivid imagination when it comes to cleaning his disastrously messy room, but eventually even he decides that it is
just too dirty.

**NONFICTION**

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<td></td>
<td>Presents an overview of what boogers are, the purpose they serve in the body, and how to dispose of them in a sanitary manner.</td>
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<td>Explains sweat and bacteria and why these things make people stinky.</td>
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<td>Presents information about what people can do to stay healthy, including exercising, eating right, having a positive attitude, and relaxation.</td>
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<td>After making a muddy mess of himself playing mud monsters, Caleb cleans up with a soapy bath, makes sure to keep germs away from the dinner table, and brushes and flosses his teeth before bed.</td>
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<td>Perfect for early elementary students who need to know about their bodies and maintaining their health and hygiene, this title in the My Body series explains the importance of handwashing in a simple, straightforward manner.</td>
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<td>Looks at the aspects and benefits of personal hygiene, including health and body odor.</td>
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<td>Keeping your body clean helps you stay healthy. Wash your hands, comb your hair, and wear clean clothes. What are some other ways to keep clean?</td>
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Describes why germs should not be spread.


Introduces the importance of keeping teeth, hands, hair, and the body clean and proper ways to do so while offering safe, easy tips for taking care of one's own body.

N/A  Cleland, Joann. *Clean Teeth, Dirty Teeth*. Vero Beach, FL: Rourke Educational Media, 2013. (Also by author: *Clean Hands, Dirty Hands*)

Introduces the importance of keeping teeth clean.


Uses stories about animals to teach children the importance of taking baths and good hygiene.

280L  DeGezelle, Terri. *Taking Care of My Hair*. Mankato, MN: Capstone Press, 2006. (Also by author: *Taking Care of My Teeth, Taking Care of My Eyes, Taking Care of My Hands and Feet, Taking Care of My Teeth, and Taking Care of My Skin*)

Simple text and photographs present ways to take care of your hair.


Discusses skin care for preadolescents and adolescents.

**PROFESSIONAL COLLECTION**


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