# Health & Medicine

## Teaching Resources Center, Joyner Library
### A Selective Annotated Bibliography

Titles in the Teaching Resources Center are cataloged with Dewey call numbers and are preceded by Curric. Please ask someone at the Teaching Resources Service Desk if you need any assistance.

<table>
<thead>
<tr>
<th>Lexile Score</th>
<th>Title Information</th>
<th>Call Number</th>
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<tbody>
<tr>
<td><strong>EASY</strong></td>
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<tr>
<td>Iris finds out that having a stomach virus is exhausting, especially when her brother, Doug, lets her know that she always gets sick at the wrong time. The sibling rivalry and misunderstanding of what germs are when they are called bugs unfold in this lighthearted story of Iris's ordinary illness and her unfounded concerns.</td>
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<tr>
<td>After bumping his knee one morning, Ted decides to become a doctor, but he has only one problem--he has no patients!</td>
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<tr>
<td>Clifford the big red dog visits his veterinarian, Dr. Smart, who has given him a check-up every year since he was almost too small to be weighed.</td>
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<tr>
<td>Follow an exciting and hectic day in the life of Daisy the Doctor as she treats all the patients that come to her clinic. From coughing babies and itchy toddlers to</td>
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an injured pirate, Daisy's ready to deal with any problem that comes her way.


Ana explains what she has learned about the parts of the human body from her aunt, the doctor, and by playing doctor with her kitten, Jasmine.


Compilation of nine titles from the Usborne first experiences series, including “going to the doctor,” designed to alleviate certain routine childhood fears while at the same time introducing children to reading.


Sally explains how her brother Paul's world looked fuzzy until he went to the eye doctor and got his new eyeglasses.


Describes Hannah's visit to the doctor's office for a routine examination.


Llama Llama's mother takes good care of him when he has to stay home from school because he is sick, but when Mama Llama begins to feel sick, too, Llama Llama knows how to take care of her.


While sick in bed, a young boy is bored until he begins to use his imagination and soon he realizes that he feels better.


Doctor Nice spends a busy morning helping his patients with various winter ailments, including Moose, who caught cold after falling through the ice, and the goat kids, who have headaches from head-butting while playing hockey.
<table>
<thead>
<tr>
<th>ISBN</th>
<th>Title</th>
<th>Author</th>
<th>Year</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>700L</td>
<td>Miss Tizzy</td>
<td>Gray, Libba Moore</td>
<td>1993</td>
<td>The eccentric Miss Tizzy, a beloved friend to all the children in her neighborhood, needs their help in remaining happy when she is sick in bed.</td>
</tr>
<tr>
<td>BR</td>
<td>I am Sick</td>
<td>Jensen, Patricia</td>
<td>2005</td>
<td>A sick child is afraid of going to the doctor, but when her father takes her and she takes her medicine, she begins to feel better quickly.</td>
</tr>
<tr>
<td>260L</td>
<td>Max Goes to the Doctor</td>
<td>Klein, Adria F.</td>
<td>2008</td>
<td>When it is time for his yearly checkup, Max goes to the doctor and gets very good news.</td>
</tr>
<tr>
<td>AD320L</td>
<td>Sick Simon</td>
<td>Krall, Dan</td>
<td>2015</td>
<td>By not covering his mouth or washing his hands, Simon spreads his cold to his teacher and classmates, much to the delight of three germs named Virus, Protozoa, and Bacteria.</td>
</tr>
<tr>
<td>320L</td>
<td>Katie Woo Has the Flu</td>
<td>Manushkin, Fran</td>
<td>2012</td>
<td>Katie misses school while she is home with the flu.</td>
</tr>
<tr>
<td>50L</td>
<td>Calling Doctor Amelia Bedelia</td>
<td>Parish, Herman</td>
<td>2002</td>
<td>When the literal-minded Amelia Bedelia helps out at her doctor's office one busy day, nothing seems to go quite right until Amelia begins to treat the impatient patients.</td>
</tr>
<tr>
<td>N/A</td>
<td>Visiting the Doctor</td>
<td>Sirett, Dawn</td>
<td>2007</td>
<td>A little girl goes to a doctor for a checkup.</td>
</tr>
<tr>
<td>420L</td>
<td>Glasses: Who Needs ‘Em?</td>
<td>Smith, Lane</td>
<td>1991</td>
<td>A boy is unhappy about having to wear glasses, until his doctor provides an</td>
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imaginative list of well-adjusted eyeglass wearers.


Amos McGee, a friendly zookeeper, always made time to visit his good friends: the elephant, the tortoise, the penguin, the rhinoceros, and the owl. But one day-'Ah-choo!'--he woke with the sniffles and the sneezes. Though he didn't make it into the zoo that day, he did receive some unexpected guests.


Since he's a mouse, Doctor De Soto refuses to treat "dangerous" animals--that is, animals who have a taste for mice. But one day a fox shows up and begs for relief from the tooth that's killing him. How can the kindhearted De Sotos turn him away? But how can they make sure that the fox doesn't give in to his baser instincts once his tooth is fixed? Those clever De Sotos will find a way.


When Bear is too sick to play, his animal friends go to his cave to make him soup and tea and keep him company.


A family is distressed when Daddy gets the chicken pox, but when he recovers it is a joyous occasion.

**FICTION**


Sixth-grader Nadia begins to defy her overprotective mother, hoping to be seen as more than the "poor sick girl" who cannot participate in school activities, form friendships, or even be outside in the cold for fear she has inherited her father's heart trouble.
On Cape Cod in 1972, eleven-year-old Naomi, known as Chirp for her love of birds, gets help from neighbor Joey as she struggles to cope with her mother's multiple sclerosis and its effect on her father and sister.

Sixteen-year-old Hazel, a stage IV thyroid cancer patient, has accepted her terminal diagnosis until a chance meeting with a boy at cancer support group forces her to reexamine her perspective on love, loss, and life.

Judy is excited about becoming a doctor, especially when Class 3T starts a new unit on the human body, but she learns more about being a patient when she catches tonsillitis from her little brother, Stink.

Conceived to provide a bone marrow match for her leukemia-stricken sister, teenage Kate begins to question her moral obligations in light of countless medical procedures and decides to fight for the right to make decisions about her own body.

Simple text explains how it feels to be tired, hungry, sick, dizzy, cold, and other physical feelings.

Takes readers on a guided tour of a hospital and explains why people might go there, who works there, and what functions are performed.

This photographic book with simple text discuss going to the hospital and how young children may be nervous about experiencing for the first time.


Photographs and clear text compare and contrast modern and historical hospitals in a child-friendly format, making this a great tool for discussing how life has changed over the years.


Describes the job responsibilities of a doctor and discusses the many ways they help people.


Simple text and photographs present doctors and their role in the community.


Profiles the career of school nurse by looking at the work school nurses do and the educational requirements needed to become one.


Describes some of the things that nurses do to help people stay healthy.


Discusses the history of medicine, how the technology developed, and the science behind it.


A humorous look at the state of illness and medicine in Tudor England.
Pharmacists and workers in the pharmaceutical industry are responsible for developing, producing, and distributing medicines that treat infectious diseases, prevent, and treat chronic diseases, or help control diseases in animals.

Takes readers on a colorful and funny medical mystery tour to discover that while times may have changed, many of today's most reliable cure-alls have their roots in some very peculiar practices.

Explains the science of germs and emphasizes the importance of maintaining personal health.