A
Brainy
Environment

Why am I here?

What are states?

"States are combinations of emotions, posture, expectancies, activity, sensory input, opinions."

Tools for Engagement

Eric Jensen

Management

Switch roles

Signals

Stand up

Background music

Breathe

Repeat what I said

Call for consensus

Emergency!!!!

Breaks

Water

5 minute walk about

■ Breathe, move, touch

Introduce a quick game

Stretch

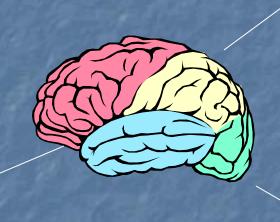
Rituals:

simple repetitive acts that become predictable.

Rituals are *stimulus response* situations.

Whenever a situation occurs, the response will follow.

Mind Mapping



Fail-Safe

Demonstrate worth

Nibbles

Post-its, markers, colored pencils, paper

Door prizes!!!!